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Date:

New Action #	CHECKLIST	Done	In Progress	Planned	N/A	Points Available	Points Projected
	Goals and Pledges						
GP1	Pledge to Complete 20 actions during each quarter					1 to 30	
GP2	Pledge to Reduce your organization's energy usage					25	
GP3	Reach your Goal! Reduce your organization's energy usage					10 to 145	
GP4	Exceed your Goal and beyond! Reduce your organization's energy usage					25	
GP5	Pledge to Reduce your organization's water usage					25	
GP6	Reach your Goal! Reduce your organization's water usage					10 to 145	
GP7	Exceed your Goal and beyond! Reduce your organization's water usage					25	
GP8	Pledge to Waste Less					25	
GP9	Achieve Waste Diversion and Prevention!					2 to 50	
GP10	Tally your Trash					2 to 34	
GP11	Compare this year's trash output to the baseline					25	
GP12	Pledge to Reduce Emissions and Energy usage through Commuter					25	
GP13	Enroll your organization in CommuteInfo with a Transportation survey to establish baseline					4	
GP14	Get Employees to Sign up for CommuteInfo and provide their commuter information					1 to 20	
GP15	Get your employees to work sustainably					10 to 145	
GP16	Reduce Commuter Emissions target					25	
GP17	Compete in Pittsburgh's 2030 District and achieve goals for 2015					25	

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	Leadership and Education						
LE1	Establish a "Green Team" within your organization					2	
LE2	Dedicate a staff member as the primary contact for sustainability in your organization					1	
LE3	Establish sustainability guidelines					1	
LE4	Create a Training program for green team and sustainability minded employees					3	
LE5	Green Cleaning and Waste Diversion Training for Housekeeping Staff					1 to 20	
LE6	Employees calculate their household Carbon Footprint					1 to 20	
LE7	Green Fridays					1	
LE8	Create a Telecommuting Policy					1	
LE9	Flextime Policy					1	
LE10	Meatless Mondays					1 to 3	
LE11	Get a Green Lease					1	
LE12	Employee Well-Being Program					1	
LE13	Employee Sustainability Pledge					1 to 20	
LE14	Create an employee and/or property manager engagement campaign					1	
LE15	Staff Trained to recognize energy savings and how to achieve that					2	
LE16	Energy Strategy and Improvement Plan					5	
LE17	Distribute Residential Sustainability Materials to Employees					1 to 4	
	Engagement						
E1	Join a local sustainability-networking group					1 to 5	
E2	Mentor other organizations in the Green Workplace Challenge					5 to 15	
E3	Get Mentored to achieve optimal Sustainability					10	
E4	Attend Green Workplace Challenge Workshops					1 to 30	
E5	Workshop! Educate employees on green actions					1 to 20	
E6	Workshop! Host your own Green Workplace Challenge event, open to all participants					4 to 16	

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E7	Innovate, Submit an action that is unique and not in the Guide					Points Vary	
E8	Hold an event at a LEED certified Building					1 to 4	
E9	Have your organization sponsor an Environmental Event, or have your employees volunteer at an environmental Event					1 to 4	
E10	Order food for an event that offers local, organic, and seasonal ingredients from local providers					1 to 4	
E11	Get another organization to Take the Green Workplace Challenge					1 to 20	
E12	Get your facility owner to promote GWC in the facility that your organization is located					1	
E13	Create an Internal Competition within your organization					1 to 20	
E14	Volunteer to participate in a tree planting or a tree-tending event					1 to 20	
E15	Become a certified Tree Tender AND attend a minimum of one (1) tree planting event					4 to 10	
E16	Publicize your Green Achievements					2 to 8	
E17	Green Newsletter					1	
E18	Online Sustainability Policy					1	
E19	Complete a Disaster Plan					2	
E20	Apply for sustainability focused Grants					1 to 10	
E21	Encourage your tenants to participate in the GWC					5 to 15	
E22	Designate 1% to 10% of organizational donations/giving to sustainable causes					1 to 10	
E23	CEO or Director or (Other top level decision maker)-written support of sustainability					2	
E24	If you are a small business (less than 50 employees) and are located in a community business district, become a certified sustainable local business					20	
E25	If you are a large or medium-sized business in southwestern Pennsylvania, participate in the Southwestern Pennsylvania Sustainable Business Compact					5 to 60	
E26	Sustainability is a regular part of staff Meetings					1 to 12	
E27	Make you office into a CSA Pickup Location					2	

New Action #	Action	Done	In Progress	Planned	N/A	Points Available	Points Projected
	Energy Star Portfolio Manager Actions						
ES1	Start your Account!					5	
ES2	Establish an Electricity baseline					10	
ES3	Establish a Natural Gas baseline					10	
ES4	Establish a Water baseline					10	
ES5	Greenhouse Gas Emissions Survey					5	
ES6	Include utility costs in Portfolio Manager Data					5	
ES7	Compare your facility's performance rating to the Industry Average					10	
ES8	ENERGY STAR certification					5 to 50	
	Indoor Energy Use						
IE1	Replace light bulbs with Compact Fluorescent Light bulbs (CFLs), Light- Emitting Diode (LED) bulbs or any replacement bulbs that substantially improve lighting efficiency and energy reductions					5 to 25	
IE2	GO the next step and replace your old bulbs with LED					5 to 50	
IE3	Policy to replace burned out CFLs with LEDs in the future					5 to 25	
IE4	Install motion sensors or programmable light switches					5 to 25	
IE5	Retrofit parking lot/garage lighting					5 to 25	
IE6	Office computers shutdown at closing					1	
IE7	Ghost/Vampire power policy					1	
IE8	Eliminate individual heaters and fans					1	
IE9	Seasonal thermal comfort survey					1 to 3	
IE10	Participate in the URA's Business Energy Savings Program					1	
IE11	Implement Energy Saving Measures that were outlined in your Energy Tracker Report					Points Vary	
	Energy Source and Awareness						
EA1	Conduct an energy audit					5 to 20	
EA2	Implement suggested action (s) from the energy audit					1 to 10	
EA3	Purchase "green power" from a renewable energy source					4 to 88	
EA4	Purchase Green power from Pennsylvania Source of Renewable Energy					3 to 30	
EA5	Enroll in a demand response program					3	

New Action #	Action	Done	In Progress	Planned	N/A	Points Available	Points Projected
EA6	On-site renewable energy					4 to 88	
EA7	Commit to the 2030 District goals *					7	
EA8	Purchase CO2 offsets for your organization*					3 to 30	
	Water						
WA1	Install toilet displacement devices					1	
WA2	Place a water filtration unit on your faucet					1	
WA3	Trade in your water cooler for water filter pitcher and/or a bottle-free water cooler					2	
WA4	Reuse Greywater and Rainwater for Irrigation, toilet flushing or other creative uses					1	
WA5	Install Aerators on kitchen and bathroom faucets					3	
	Indoor Air Quality						
IA1	Install potted plants within your organization's facility					1	
IA2	Sign up for action day forecasts and make that information readily available to employees					3 to 10	
IA3	Air Quality Flagging Program at your organization					3	
IA4	Encourage Employees to work from home on air quality actions days or To take less polluting forms of transportation					1 to 20	
IA5	Encourage Employees to take action on Air Quality Action Days					1 to 30	
IA6	Reschedule activities that negatively affect air quality on Air Quality Action Days					1 to 30	
IA7	Conduct an Air Quality Educational Program					1 to 4	
IA8	Test for Radon					5	
IA9	Test Indoor Air Quality of Office					5	
IA10	Act on recommendations from IAQ and Radon Tests					1 to 20	
IA11	Check blocked Vents in office, move furniture to unblock them					1	
IA12	Air Ducts and Vents in office space professionally cleaned					3	
IA13	Have an HVAC Systems Maintenance Check					3	
IA14	Change filters in HVAC system every six months					1 to 2	
IA15	Asbestos Inspection					5	

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IA16	Lead Paint testing					5	
IA17	Implement Low VOC textile and paint purchase policy					3	
IA18	Oeko-tex Human ecology evaluations of textile products					3	
IA19	Join Breath Project Coalition					3	
IA20	Have Employees in your organization commit to the Breathe campaign					varies	
IA21	Incorporate Living Furniture and Other elements					2 to 10	
	Office Supplies and Printing						
OS1	Conserve Paper! Change Printer/Copier settings to automatically choose 2-sided printing					1	
OS2	Use Print Management software to reduce unnecessary printing					1	
OS3	Create an internal competition to keep track of the amount of paper printed					1 to 20	
OS4	Adopt or establish an Environmentally Friendly Purchasing Policy (EPP)					1	
OS5	Establish a buy-recycled policy for all non-paper items, supplies and materials					1	
OS6	Print brochures/menus/etc. at least 30 percent post-consumer content recycled paper					1	
OS7	Policy to buy Energy Star Equipment to save energy					1	
OS8	Using Vegetable Based Inks					1	
OS9	Purchase re-manufactured and/or re-filled ink and toner cartridges					1	
OS10	ECOFONT					1	
OS11	Environmentally friendly gifts for retirements, celebrations, and guest speakers					1	
OS12	Giveaways and "swag" for employees is minimized OR sustainable.					1	
OS13	Use electronic distribution for employee newsletters and other mass communication (e.g. invitations to annual holiday party)					1	
OS14	Minimize office supply deliveries to 1-2 times per month					1	
OS15	Employee t-shirts and/or uniforms are sustainable and organic materials made in a certified sweat shop free environment					1	
OS16	Smart Strips						

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OS17	Convert Office Administration and Communications to an Electronic Format					1	
OS18	Prepare Online Forms					1	
	Waste Minimization and Recycling/Diversion						
WR1	Receive your utility bills electronically instead of on paper					1	
WR2	Offer the option of paperless receipts					1	
WR3	Educate Employees on Waste Diversion through Signage					1	
WR4	Office Supplies Swap Program					1	
WR5	Give Employees reusable drink-ware to use at the office					1 to 3	
WR6	Limit the number or eliminate the use of single use beverage containers					1	
WR7	Green Cleaning Policy					1	
WR8	Purchase used office furniture or building materials for construction projects and/or retrofitting					1	
WR9	Diversion of Landscape Waste and Composting					2	
WR10	Make a donation to the Pittsburgh Center for Creative Reuse					1	
WR11	Donate cooking oil to Refuel Pittsburgh					1	
WR12	Remove Individual trashcans/wastebaskets or replace with liner-less baskets					3	
WR13	E-waste Policy					5	
WR14	Establish a donation program for extra/unused food					1 to 5	
WR15	RECYCLING PLASTIC BAGS, FILMS, AND SMALL PLASTICS					2	
WR16	Utilize Zero Waste Services for your next Event					20	
WR17	Have your organization participate in a Clothing & Shoe Recycling for Reuse Program					4	
	Transportation and Fleet						
TF1	Donate a vehicle					1	
TF2	Create an employee benefit program for alternative transit					1	
TF3	No idling plan for loading zones and parking lots					1	
TF4	Install "No Idling" from Signage					1	

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TF5	Dedicate a green vehicle fleet assessment toward greener driving practices					3	
TF6	Require fuel-efficient vehicles in your operations					1	
TF7	Create a Transportation Agreement and offer Public Transportation Passes to Employees/ Students/ Faculty					1	
TF8	Create incentives for walking/biking/ and public transportation commuting					1	
TF9	Establish policy to provide pre-tax payroll deduction for alternative transit commuting costs					1	
TF10	Encourage employees to become bike-pooling leaders					Points Vary	
TF11	Decrease the number of low-occupancy vehicle users					Points Vary	
TF12	Increase the number of high-occupancy vehicle users					Points Vary	
TF13	Become a Bike Friendly Employer					5	
TF14	Sponsor, participate, or volunteer for Pedal Pittsburgh or other events during Bike PGH's "BikeFest" ©					Points Vary	
TF15	Participate in Car Free Fridays* ©					Points Vary	
TF16	Promote the National Bike Challenge					1	
TF17	Implement an employee bicycle sharing program or purchase "office" bicycles					1	
TF18	Encourage Employees to Apply for Qualified Bicycle Reimbursement ©					2	
TF19	Encourage use of an established bicycle-sharing program* ©					Points Vary	
TF20	Participate in car-sharing program (Zipcar)* [☺]					Points Vary	
TF21	Purchase an electric or hybrid an organizational vehicle*					2 to 8	
TF22	Replace or retrofit an older diesel vehicle owned by your organization*					3 to 12	
TF23	Put in Place Bike, Scooter, and Pedestrian Friendly Infrastructure					Points Vary	

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	Landscaping and Outdoors						
LO1	Place a plant in front of an outdoor central air conditioning unit that provides shade					1	
LO2	Plant low water need plantings					1	
LO3	Schedule any watering or irrigation to start after 6pm					1	
LO4	Use Drip irrigation					1	
LO5	Outdoor Integrated Pest Management					1	
LO6	Erosion and Sedimentation Controls					1	
LO7	Stormwater Best Management Practices					1	
LO8	Rainbarrel					1	
LO9	Bioswales					1	
LO10	Green Walls					1	
LO11	Rain Gardens					1	
LO12	Use composted materials for landscaping projects					2	
LO13	Heat Island Reduction through Landscaping					10	
LO14	Green roof*					1 to 10	
LO15	Install a cool roof*					1 to 10	
LO16	Become a Roofpoint Registered Professional					1	
LO17	Light Pollution					2	
LO18	Exterior lighting on photo-sensors					2	
LO19	Alternative Paving					10	
	Municipal- Specific Actions						
M-1	Complete a Climate Change Adaptation Plan					1	
M-2	Create an active environmental advisory council					2	
M-3	All municipal-sponsored events have a sustainability-awareness component					3	
M-4	Provide municipality support for air pollution and emission education					2	
M-5	The municipality is committed to passing a resolution (within six months of enrolling) to affirm participation in the Sustainable Community Essentials Certification Program					3	

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M-6	Develop a procedure to track the impacts of the sustainability program and implement it. Conduct a Sustainability Assessment and Survey, and Publish the Results					3	
M-7	Partner with local nonprofits/community organizations to engage students in sustainability issues					2	
M-8	Install or start the process of retrofitting street lights/traffic signals to LED bulbs					3	
M-9	Provide municipal support for a public program to conserve energy, promote renewable energy sources, and mitigate carbon emissions					3	
M-10	Require LEED certification for development projects receiving public incentive					4	
M-11	Adopt and enforce a clean construction emissions policy for publicly subsidized projects					3	
M-12	Explore ways with your municipal waste hauler to reduce emissions from vehicles and trucks beyond existing anti-idling laws					3	
M-13	Incentivize low impact and green development projects and techniques in your municipality					3	
M-14	Institute sustainable landscape maintenance practices for parks and municipal grounds					2	
M-15	Institute and enforce tree and woodland protection management policies					3	
M-16	Develop walking and biking trails					1	
M-17	Develop bicycle lanes					2	
M-18	Initiate a "Share the Road" education campaign					3	
M-19	Train police on rights and responsibilities of bicyclists					2	
M-20	Evaluate and implement congestion management techniques					3	
M-21	Adopt a multi-municipal comprehensive plan as an official map					3	
M-22	Maintain and support a "Buy Local" Initiative					2	
M-23	Institute and enforce waste and recycling ordinances in compliance with Act 101 If not a mandatory Act 101 municipality, conduct a municipal recycling program					2	
M-24	Create a curbside and/or drop off recycling program					2	
M-25	Host a public informational program/workshop on citizen waste reduction and recycling					2	
M-26	Supply residents with information on Pennsylvania's Wood-Fired Boiler Regulation					2	

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M-27	Supply residents with information to contact the PA Department of Environmental Protection (DEP) or the Allegheny County Health Department (ACHD) Air Quality Program should they have air quality					2	
	questions or concerns, or want to report a potential air pollution event.						
	University- Specific Actions						
U-1	Donate excess food to a local food bank and establish a continuing partnership					3	
U-2	Establish a tray-free environment in the campus food courts					3	
U-3	Implement compostable plates, bowls and utensils in dining hall takeout					3	
U-4	Purchase campus food from university farms and/or local farms					Points Vary	
U-5	Host a Farmers Market on Your Campus					2	
U-6	Install solar powered street lamps on campus paths					5	
U-7	Require a LEED certification for a % of newly constructed or retrofitted campus buildings					3	
U-8	Install water-conserving toilets on campus					3	
U-9	Install aerators on kitchen and bathroom faucets					3	
U-10	Install low flow showerheads					3	
U-11	Use flooring materials made from renewable resources					3	
U-12	Install Power Generating exercise machines in the gym					2	
U-13	Create incentives to decrease the use of energy and water within dormitories					2	
U-14	Install a fresh air recovery system					2	
U-15	Host an eco-competition at your university					Points Vary	
U-16	Create incentives to encourage individual use of Energy Star mini- fridges					2	
U-17	Create incentives to discourage use of individual microwaves					2	
U-18	Encourage dormitory/residence hall composting					2	
U-19	Create a "Compost Collector" position					2	
U-20	Start a residence hall "green team" committee or student residential sustainability coordinators					2	

New Action #	Action	Done	In Progress	Planned	N/A	Points Available	Points Projected
U-21	Host a "green social" for dorm residents					1	
U-22	Create "No-Mow" zones					2	
U-23	Create stormwater management areas					2	
U-24	Create a parking pass program that incentivizes alternative transportation					2	
U-25	Create carpool preferential parking passes and spots					2	
U-26	Start a student run "Sustainability Senate" or Sustainability Committee					2	
U-27	Create a "Green Fee" to pay for sustainable projects					3	
U-28	Campus wide Sustainability Project involving student and faculty volunteers					1	
U-29	Have your University participate in a Clothing & Shoe Recycling for Reuse Program					4	
	School-Specific Actions						
S-1	Conduct recycling bin surveys					Points Vary	
S-2	Create a water reduction policy					1	
S-3	Establish a "Green Transportation" program at your school					Points Vary	
S-4	Establish a "Walk-pooling" program					2	
S-5	Establish a "Green Competition Corner" at your school					Points Vary	
S-6	Implement a suggested action from the radon testing					Points Vary	
S-7	Implementing the "School Flag Program"					2	
S-8	Implementing a healthy lunch program at your school					5	
S-9	Purchase campus food from local sources					Points Vary	
S-10	Establish a "tray-less" environment in your school					5	
S-11	Create and encourage your school to participate in a Sustainability Pledge					Points Vary	
S-12	Establish a "Student Green Team" at your school					1	
S-13	Integrate sustainability education into school curriculum					Points Vary	

New Action #	Action	Done	In Progress	Planned	N/A	Points Available	Points Projected
S-14	Hold a Sustainability Workshop for Parents					Points Vary	
S-15	Organize a field trip to a green center					Points Vary	
S-16	HAVE YOUR ORGANIZATION PARTICIPATE IN A CLOTHING & SHOE RECYCLING FOR REUSE PROGRAM					2 to 8	
S-17	Fill out the Healthy Schools Pennsylvania Report Card					2	
S-18	COMPOST FOOD SCRAPS, CONTAINERS, PAPER GOODS, AND OTHER CAFETERIA REFUSE					10	
S-19	Teach students about Sustainability					30	
S-20	INSTALL GREEN SIGNAGE					3	